# Study 1

# Learning vocabulary

### A Using this book

It's a good idea to have a routine when you use this book [something you do often and usually in the same way]. For example:

- a weekly routine when you study a new unit for at least [not less than] 30-45 minutes;
- a daily routine when you revise that unit [study it again]. You may only need to revise for five or ten minutes each time.

# 1.1 Over to you

Write your answers.

- 1 How often can you spend at least half an hour or forty-five minutes on a unit?
- 2 How often can you revise? How much time can you spend when you revise? Where will you do it?

### B Studying a new unit

When you are studying a unit for the first time, you need to be active when you are learning.

- With a new word or phrase, say it aloud [speak it so you can hear it], and repeat it to yourself silently [in your head, not speaking]. If you have the CD-ROM that goes with the book, use it to check the pronunciation.
- Use a highlighter pen to mark words you think are important or difficult.
- Write down new words and phrases in your notebook. (See Unit 2 for more information.)
- Always try to write an example sentence for new words. You can choose an example from this book or a dictionary, but an example from your own life will often help you to remember a word, e.g. I <u>shared</u> a flat with an Australian girl when I was in London last year.
- Do exercises in pencil, then you can rub them out (using a rubber) and do them again later. This is a good way to revise vocabulary.

# 1.2 Over to you

Write your answers.

- 1 Which of these things do you do now when you are learning vocabulary? .....
- 2 What will you do in the future?

# C Revising a unit

When you are revising a unit one or two days later, it is also important to be as active as possible.

- Test yourself, e.g. look at a word and cover the meaning. Can you remember what the meaning is? If you can't, check the meaning, then come back to the word in five minutes' time and test yourself again.
- Look at what you wrote in your notebook when you first studied the unit. Is there any new information you want to add, e.g. something about the pronunciation, or a common word partner? (See Unit 2.)
- Diagrams may help you to organise some of the vocabulary differently, and help you to remember it.

Who took my pen?	Let's take a break now.
I took notes during the lecture.	What size shoes do you take?

1.3 Over to you

Write your answers.

Do you revise vocabulary that you study? If so, how often?

2 Will you try to revise more often in the future? If so, will you use some of the ideas above?

- Expanding\* your vocabulary
  - When you learn a word, e.g. *dirty*, think of synonyms (syn) [words with a similar meaning] or opposites (opp) in your language. Look them up in a bilingual dictionary to find the English words, then look up the English words in an English dictionary to check the meaning. From this, you will find that the opposite of *dirty* is *clean*, and you may also find filthy [very dirty]. \*making something bigger
- 1.4 Using this method, find opposites for the words in bold.
  - 1 My room is very clean. opp dirty
  - 2 It's a permanent job. opp .....
  - 3 He was kind to all of his animals. opp .....
  - 4 Babies have very soft, smooth skin. opp .....
  - 5 Where's the entrance? opp .....
  - 6 Was the bird dead? opp .....
  - 7 Did they accept the invitation? opp ......
  - Building word families (see Units 69–71) will also help to expand your vocabulary. From a noun, verb or adjective, you can often find related words in the dictionary with a similar meaning. So, you can often learn two or three words, and not just one, e.g. argue v = have an angry discussion; v = argument.
- 1.5 Use a dictionary to find the related parts of speech for the words in bold.
  - 1 She gave me some advice. verb advise

  - 5 I want to expand my vocabulary. noun ......
  - 6 The two boys are very different. noun ......verb
  - 7 They need to communicate more. noun adj
  - Try to read and listen to English as much as possible. The more you read and listen, the more you will learn. When you read, try to:
    - Highlight or underline interesting new words
    - Highlight words if they are familiar but you can't remember the meaning.
  - There is a lot of spoken English on the Internet which you can play again and again. Try to make a note of interesting words and look up the meaning.

# 1.6 Over to you

Now choose a unit that interests you. Study the left-hand page, then do the exercises in pencil. Wait for at least 24 hours, revise the unit, then answer these questions.

- 1 How many answers did you get right the first time?
- 2 How many answers did you get right the second time?

# Keeping a vocabulary notebook

### What do you do?

This is what some students do.



I write down new English words and phrases in my notebook, and next to each one I write a Spanish translation. I usually write down if a word is a noun, verb, adjective, and so on.





I sometimes write a word in phonemics because English pronunciation is very difficult for me. But my notebook is a mess [nothing is in a good order; syn untidy]. I like to draw pictures.





ANDREY

I sometimes make a note of new words in my notebook, but I often forget [don't remember]. I usually write a translation, and sometimes I write example sentences as well.

I've got a notebook. I don't use it much but when I do, I try and list words by topic, so I put all the animals together, and all the clothes words together, and so on. I find it's easier to remember the words this way.



DONATA

I note down new words and phrases. Sometimes I translate them into Polish, and sometimes I write an explanation [a description of what something means] in English if it is not difficult. For example: kitten a very young cat

#### В Tips for your notebook

A tip is a piece of advice to help you. Here are some tips for your notebook.

- Put words from one topic in the same place, e.g. food in one place, clothes in another, etc. Don't mix them up [put them together with no order]. You can also have grammar topics, e.g. 'uncountable nouns', or a page for words that all have a connection, e.g. words and phrases that were all in a story you read in English. Some words and phrases will go in more than one topic.
- If you can't find a topic for a new word or phrase, e.g. useful or in particular, put them in a different place in your notebook, e.g. a page for each day or each week, or perhaps one page for every English lesson you have. Write the date clearly at the top, e.g. Monday 14th May.
- When you write down new vocabulary, write a translation if it is necessary [you need it, opp unnecessary], but also write the meaning in English if it is possible, or draw pictures.
- If possible, add synonyms, opposites, other parts of speech, etc. (See Unit 1.) awful *adj* = terrible (syn dreadful) enjoy v = like something and get pleasure from it n = enjoyment adj = enjoyable
- Example sentences help you with the grammar of a word, or with word partners
  - I enjoy living in a big city. (NOT I enjoy to live in a big city.) (See Units 87–8.) I spent two weeks in Rome. (NOT I passed two weeks in Rome. You spend time in a place.) (See Unit 74.)
- Remember, words often have more than one meaning that you need to know, e.g. a tip is also money that you give, for example, to a waiter for serving you in a restaurant.

2.1 Organise the words into the topics below. One word can go in two different topics. Use a dictionary to help you.

diet branch lay the table count v dig v ground flour add up raw leaf minus butcher thousand frozen zero butterfly

food	garden	numbers
diet		

2.2	Explain these words in English, or draw a picture, or if you think an explanation is too
	difficult and a drawing is not possible, write a translation instead.

- 1	raw not cookea
	dig
3	butcher
4	leaf
5	flour
6	lay the table
	add up

# 2.3 What information could you include with these words? The answers are all on the opposite page.

1	forget opposite - remember
	awful
3	necessary
	translate
	tip
	i

# 2.4 Over to you

Answer the questions. If possible, compare your answers with someone else.

- 1 Look again at what the students said on the opposite page. What are the good things that they do? Underline them.
- 2 Do you do all of these things? .....
- 3 Is there anything you don't do now, but will do in the future? .....
- 4 At the moment, which person's notebook is most like your notebook? .....
- 5 What are the most useful tips on the opposite page for you? .....

# Study 3

# Using a dictionary

### A What dictionaries do I need?

A bilingual dictionary [using two languages] is easy for you to understand, and quick and easy to use. A dictionary in English will give you reading practice in English and many more examples of how words are used. If possible, use both. These are good dictionaries in English for your level, and most of them are available online:

Cambridge Learner's Dictionary Longman Active Study Dictionary Oxford Wordpower Dictionary Macmillan Essential Dictionary

### B Information in dictionaries

If you look up a word [find a word in a dictionary] using the Cambridge Learner's Dictionary, the information is shown like this:

pronunciation using —
phonemic symbols
(see page 247)

part of speech
(= noun)

a definition explains
the meaning

a definition explains the meaning fixed phrases using the word are shown in **bold** (see Units 75–6)

fun' /fan/ noun [u] 1 enjoyment or pleasure, or something that gives you enjoyment or pleasure. She's great—fun to be with. O Have fun! (= enjoy yourself) O It's no fun having to work late every night. 2 for fun/for the fun of it for pleasure and not for any other reason 3 make fun of sb/sth to make a joke about someone or something in an unkind way. The other children at school used to make fun of his hair.

[U] tells you that *fun* is uncountable (see Unit 86)

examples are in italics

**bold** *italics* show common word partners (see Unit 74)

3.1 Correct the spelling mistakes. Use a dictionary to check your answers.

1	allways always
2	realy
3	unfortunatly
4	expecially
_	1 .1

- 8 beautifull
  9 unbeleivable
- 10 neccesary .....
- 3.2 In the word *island* /'aɪlənd/, the letter 's' is silent (not pronounced). Use your dictionary to find the silent letters in these words.

1 knee

2 comb

3 castle

4 salmon

5 receipt



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# Defining words

'Defining words' are words that dictionaries use when they define [explain] the words in the dictionary. Some of these are quite common.

emphasise [give something more attention and importance], e.g. My teacher has always emphasised the importance of writing down new words in a notebook.

relating to or connected to/with [having a relationship with someone or something], e.g. *musical* is connected with / related to *music* 

amount [how much there is of something], e.g. £5 million is a large amount of money. official [done by the government or someone in authority], e.g. A passport is an official document. behave [do or say things in a particular way], e.g. People can behave strangely when they're nervous.

### 3.3 Complete the dictionary definitions using words from the box.

connected with emphasise relating to behave official amount

- 1 industrial /In'dastrial/ 1 adjective connected with industry
- 2 sum /sam/ noun [C] an ...... of money
- 3 pretend /pri'tend/ verb [I,T] to ...... as if something is true when it is not
- 4 certificate /sə'tɪfɪkət/ noun [C] an ...... document that gives details to show something is true
- 6 legal /'litgal/ adjective ...... the law

### D Using a dictionary

- When you use a dictionary to check the meaning of a word, put a tick (✓) next to it. Each time you return to a page with a tick, see [find out] if you remember the word.
- When you meet a new word or phrase in a text, first try to guess the meaning [try to think of the meaning when you don't know it]. Then, use a dictionary to see if your guess was correct.
- Don't just read the dictionary definition. Example phrases and sentences show you how a word or phrase is used, and they help you to understand the meaning more clearly.
- If you look up a word in a bilingual dictionary and get two or three different translations, check these words in an English dictionary to see which translation is the best one for the situation.
- Remember that many words have more than one meaning. The first meaning in the dictionary is not always the one you want. You may need to read through the different meanings.

# 3.4 Answer the questions, and use an English dictionary to check the answers.

- 1 What does puppy mean? It's a very young dog.
- 2 Is the correct spelling organize or organise?
- 3 What part of speech is extremely?
- 4 What kind of noun is advice?
- 5 What preposition follows the verb rely?
- 6 Look up friend, and then the words in bold that are often used with it. Can you complete these phrases? She's an ......friend; he's my ......friend; you ......friends with people.

### 3.5 Match the sentences on the right with the different meanings of post on the left.

post<sup>1</sup> /paust/ noun 1 SYSTEM [no plural] UK (US mail) the system for sending letters, parcels, etc Your letter is in the post. O I'm sending the documents by post. O 2 LETTERS [u] UK (US mail) letters, parcels, etc that you send or receive Has the post arrived/come yet? O 3 JOB [c] formal a job a part-time post O a teaching post 4 POLE [c] a long, vertical piece of wood or metal fixed into the ground at one end I found the dog tied to a post.

- 1 He's applied for a post overseas.
- 2 Did you send the cheque by post?
- 3 I tied the flag to a post.
- 4 We haven't had any post yet.

# Daily routines

#### A

#### Sleep

Gouring the week I usually wake up<sup>1</sup> about 7.30 am. If I don't, my mum wakes me up. I get up<sup>2</sup> a few minutes later. In the evenings I go to bed about 10.30 pm, and usually go to sleep<sup>3</sup> straight away<sup>4</sup>. If I have a late night<sup>5</sup> I try to have a sleep<sup>6</sup> in the afternoon when I get home from college. 3.

<sup>1</sup> stop sleeping

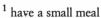
<sup>4</sup> immediately

<sup>2</sup> get out of bed

- <sup>5</sup> go to bed very late; *opp* have an early night <sup>6</sup> a short period of sleeping, e.g. half an hour
- <sup>3</sup> start sleeping; syn fall asleep

### B Food

sandwich and an apple, and a snack<sup>2</sup> in the afternoon. We have our main meal in the evening. If Murn's late home from work, she doesn't bother<sup>3</sup> to cook; we just get a takeaway<sup>4</sup> instead. One of us has to feed<sup>5</sup> the cat as well.



<sup>2</sup> a small amount of food you eat between meals

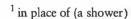
<sup>3</sup> doesn't do something because there is no reason or because it is too much work



cereal

### c Bathroom routines

College because my sister, Rosie, and my brother, Marcus, spend so much time in the bathroom in the morning. I only have time to have a wash, clean my teeth (syn brush my teeth) and put on a bit of make-up. In the winter I sometimes have a bath instead of a shower. I like to lie in the bath and listen to music. 22





Marcus having a shave



Rosie putting on make-up

### D Housework\*

Fortunately<sup>1</sup> we've got a cleaner<sup>2</sup> who does a lot of the housework, and that includes doing my washing<sup>3</sup>. But I still have to make my bed and do some of my ironing, and I sometimes do the shopping with Mum.

- \* the work of keeping a home clean and tidy

  1 happening because of good luck; sym luckily
- <sup>2</sup> a person who cleans
- <sup>3</sup> washing my clothes

ironing

# Language help

When we do the shopping we buy food at the supermarket; when we go shopping, it is a leisure activity and we perhaps buy clothes, DVDs, books, etc.

### Spare time\*

On weekdays I usually stay in<sup>1</sup> and watch TV in the evening. At the weekend I go out quite a lot with my friends, either to the cinema or just to a café, and I eat out<sup>2</sup> once a week. Sometimes friends come round<sup>3</sup> and we chat<sup>4</sup> about clothes, music and college.<sup>5</sup>

- \* time when you are not working
- <sup>1</sup> stay at home

- <sup>3</sup> visit me in my home
- <sup>4</sup> have an informal conversation
- <sup>2</sup> eat in a restaurant; opp eat in

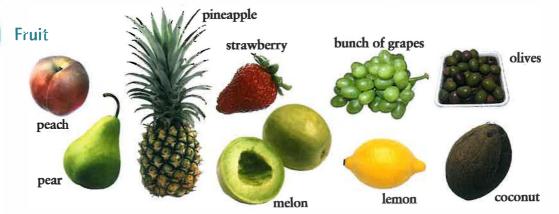
<sup>&</sup>lt;sup>4</sup> a meal you buy in a restaurant but eat at home

<sup>&</sup>lt;sup>5</sup> give food

	have a shower	have	have	have		
	do	do	do	do		
.2	Match the words on the	e left with the words	s on the right.			
	1 get up 9	a the dog				
	2 fall	b my teeth				
	3 make	c make-up				
	4 put on	d a week				
	5 go	e the bed				
	6 clean	f to sleep				
	7 feed	g early				
	8 once	h asleep				
1.3	One word is missing in	each sentence. Wha	t is it and where does i	t go?		
	1 Does it cost much t	o have a cleaner to	the housework?			
	2 My mother usually	me up around 7:30	), then I get up about	7:45.		
	3 If I have a in the af	-				
	4 I always go on Frid	•				
		•				
	<ul><li>5 Sometimes friends round to the flat and we play computer games.</li><li>6 I eat at the weekend, usually in a local Italian or French restaurant.</li></ul>					
		•				
		-		tht lunch, like a salad.		
	8 I often have for bre	•	•			
	9 I don't like doing h	ousework; I have a	husband who does m	ost of it.		
	10 When I get emails,	I try to reply to the	em straight.			
.4	Complete the dialogue with a word or phrasal verb from the opposite page in each gap.					
	A: Don't 1, bother to cook dinner tonight.					
	B: Why not?					
	A: We could go out <sup>2</sup>	of ea	ating here.			
	B: Yeah. Where?					
	A: Well, I'd like to try t			1.1 4		
	night.	io, I think I'd rather	r and	l have an <sup>4</sup>		
	A: But it's Friday.					
	-	tired. Why don't w	e ask Rvan and Charlo	otte to 5		
	B: Yes, I know, but I'm tired. Why don't we ask Ryan and Charlotte to 5?  You don't have to cook, we can order a 6					
	7round the dining table; much better than a noisy restaurant.					
1.5						
	Over to you  Find three facts from the opposite page that are similar in your routine, and three that are					
	Find three facts from t different. Complete the		it are similar in your rou	tine, and three that are		
	similar	. Labre	different			
			uiiterent			
	1					

# 25 Food

A



### **B** Vegetables

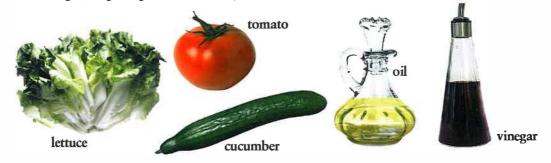


### Salad

C

D

A salad is usually a mixture of uncooked ingredients. In Britain it mainly has lettuce, as well as tomato, cucumber, onion, and other things. We often put salad dressing (usually oil and vinegar, or perhaps oil and lemon) on salad.



# Meat, fish and seafood

Animal: Meat:	cow beef	calf [young cow] veal	lamb [young sheep] lamb		chicken/hen chicken	
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A person who does not eat meat is a vegetarian.



Write down one vegetable and fruit beginning with these letters.				etters.
<ol> <li>the letter p</li> <li>the letter g</li> <li>the letter m</li> <li>the letter s</li> <li>the letter o</li> </ol>	vegetable peas			
Find a word fro	om each box where	the underli	ned letters ar	re pronounced the same.
carrot 1 lettuce <u>au</u> bergine	<u>o</u> nion pr <u>aw</u> n s <u>a</u> lmon		tomat <u>o</u> p <u>or</u> k l <u>a</u> mb	mel <u>o</u> n 1 ch <u>i</u> cken m <u>u</u> shroom
Which is the or	ld one out in each g	group, and v	vhy?	
1 pork v 2 lettuce c 3 pork la 4 peach o 5 crab b	eal salmon abbage tomato amb beef nion pepper roccoli mussels hicken beans	beef cucumber crab courgette prawn aubergine	salmon is	a fish, the others are meat
pineapple	o I	peaches pears emon	ese fruits? (A	nswer Yes, Sometimes or No.) 
Answer the que	estions.			
1 What do we	call the meat from	-		pig? beef ,
1 What do we 2 What's the m 3 What are the	call the meat from a	green salad things we	put in salad	dressing? and
1 What do we 2 What's the m 3 What are the 4 What do we	call the meat from a main ingredient in a getwo most common usually call someon	green salad things we	put in salad on't eat meat?	dressing? and
1 What do we 2 What's the m 3 What are the 4 What do we 5 What do we	call the meat from a main ingredient in a getwo most common usually call someon call a number of gr	green salad things we	put in salad on't eat meat?	dressing? and
1 What do we 2 What's the m 3 What are the 4 What do we 5 What do we Using words fi possible, comp 1	call the meat from a main ingredient in a set two most common call a number of grant call call a number of grant call a number of grant call call call call call call call cal	green salad things we see who does apes that gr e, complete to someone el common than expensive than	put in salad on't eat meat? ow together: hese sentencese.	dressing?
1 What do we 2 What's the m 3 What are the 4 What do we 5 What do we 5 What do we 1 Using words fi possible, comp 1	call the meat from a main ingredient in a get two most common call a number of grant the opposite page pare your answers with is/are more extended usually has	green salad things we are who does apes that gree, complete to someone el ommon than expensive than	put in salad on't eat meat? ow together: hese sentence se.	dressing?

# 36 Jobs

# Morking with your hands



builder [builds or repairs homes]



carpenter [makes things using wood]



plumber [installs and repairs water pipes, etc.]



electrician [installs and repairs electrical things, e.g. lights]



mechanic [repairs cars when there is a problem]

(in the fire brigade)

### Language help

When something is damaged or broken, we often use repair or fix.

Dad repaired/fixed the window for me. I need someone to fix/repair the computer.

With small pieces of equipment we can also use **mend**; with clothes we often use mend. Could you fix/repair/mend my watch? I've mended your trousers for you.

#### Professions\*

B

јов	what he/she docs
architect	designs buildings
lawyer	represents people with legal problems
engineer	plans the building of roads, bridges, machines, etc.
accountant	controls the financial situation of people and companies
university lecturer	teaches in a university, e.g. gives lectures

<sup>\*</sup> jobs that need a lot of training and/or education

## C The medical profession

These people treat people or animals. [give medicine or medical help]

GPs [general practitioners: doctors who don't work in a hospital], dentists [people who look after your teeth] and vets [animal doctors] all work in a place called a surgery. In hospital there are nurses who look after people, and surgeons who operate on people [open the body to remove or repair a part that is damaged].

# The armed forces and the emergency services

My son joined the army when he was 18. [became a member of]



36.1	Match the job on the left with something the person uses on the right.  1 lecturer
36.2	Write down <i>one</i> job from the opposite page that would be difficult for the person in 1–6, and <i>three</i> jobs that would be difficult for the person in 7–9.
	1 Someone who didn't go to university. 2 Someone who is always sick on a boat. 3 Someone who is not interested in cars. 4 Someone who is afraid of dogs. 5 Someone who is afraid of heights and high places. 6 Someone who is terrible at numbers and maths. 7 Someone who isn't good at working with their hands. 8 Someone who cannot see very well. 9 Someone who will not work in the evening or at weekends.
36.3	Test your knowledge. Can you write down what these people do without looking at the opposite page?  1 A university lecturer teaches university students.  2 A vet
36.4	Complete the dialogues.  1 A: She's a police officer. B: Realty? When did she join the police force?  2 A: He's a sailor. B: 3 A: He's a fighter pilot. B: 4 A: She's a soldier. B: 5 A: He's a firefighter. B:
36.5	Over to you  Write a list of friends, relatives or neighbours who have jobs. What does each person do?